

THE GROWN UP TRAVELLERS

GUIDE TO TRAVEL ESSENTIALS



We've curated the best travel essentials from years of travelling. From packing must-haves and tech gadgets to comfort items and accessories — all with direct links so you can shop top-rated products that we personally use instantly. Happy to answer any questions you may have on any of these items, just DM us.

TRAVEL ESSENTIALS

PACKING

Pack smarter, not harder! This guide covers our top must-have packing essentials to keep your luggage organized, lightweight, and stress-free. Each item below includes a direct link so you can shop instantly and start your next trip fully prepared.



> COMPRESSION PACKING CUBES

Keep your suitcase tidy and maximize space with compression packing cubes. These lightweight cubes compress clothing down to half the size, making it easy to separate outfits, find items quickly, and fit more into your bag. Perfect for both carry-on and checked luggage. → [Shop Now:](#) packing-cubes



> HANGING TOILETRY BAG

- Good size -, 4 separate compartments. Water-resistant, inner pocket straps hold bottles upright. Easy access to all the items.
- 360 degree swivel metal hook so you can hang this on a rail, shower or back of a door when travelling for ease. we also use these at the Gym as well as travelling.

→ [Shop Now:](#) hanging toiletry bag.



> TOILETRY CONTAINERS

I'm a bit obsessed with all the colours of these right now.

Mrsdry Travel Bottle for Toiletries, Leak Proof Silicone Travel Size 90ml Bottles Refillable Containers for Liquid Shampoo, BPA Free and TSA Approved Travel Accessories with Clear Bag (4 Pack)

. → [Shop Now:](#) toiletry-containers

TECH GADGETS



Power Bank - I rarely leave home without one



Universal Adapter we have always found this one works wherever we are in the world



Noise-Canceling Headphones We use these every day as we have to listen to something to get off to sleep at night.



TSA Padlocks- Always better to be safe than sorry.

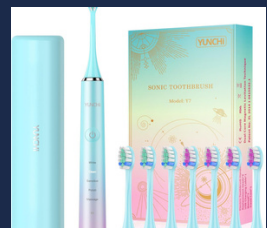
COMFORT ITEMS



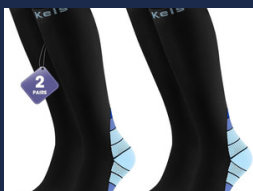
Neck Pillow not ours not available anymore but this one has great reviews



Eye Mask - love these for the plane or light hotel rooms



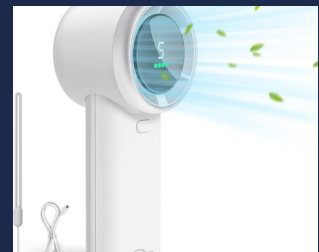
Travel Electric toothbrush



Compression Socks
- ideal for long haul flights



Travel Blanket ideal for cold airplanes



I love this travel fan



BAGS WE LIKE



Ryan Air/ Easy Jet
approved bag



Gonex Wheeled bag. We
like this type of luggage
when we are travelling



cabin suitcase we have
several of these!



My pink back pack

TRAVEL ACCESSORIES

ESSENTIALS

No trip is complete without the right accessories to keep your belongings safe and your journey stress-free. From securing your luggage to organizing your documents, these handpicked travel accessories are must-haves for every traveler. Click the affiliate links below to shop our top recommendations.



CLEAR TRAVEL TOILETRY BAGS

we really like these. You can see everything you have packed, so no wasted time searching for items. Everything is easily available. Tough and TSA Approved.



CHARGING CABLE BAG

Great for keeping all your cables, plugs and leads in one place. We find this useful especially when staying in multiple locations on a trip. [Click Here](#)



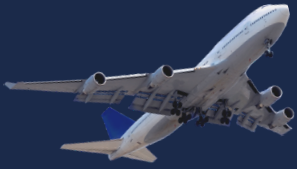
WATER BOTTLE WITH FILTER

Water Filter & Portable Water Purifier – Bachgold Squeeze | Filters 99.99% Viruses, Bacteria & Microplastics | Ultralight Water Filter Bottle. Don't let an upset stomach ruin your travels.



TRAVEL TAGS

Never loose your luggage again. We always stick a tracker in our luggage so we can make sure it arrives when we do.



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HAPPY TRAVELS!



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